

Patient Navigator – North Central Baptist Hospital

Congratulations, Mommy-To-Be!

From the moment you discovered you were going to have a baby until after delivery, you are on the journey of a lifetime. By selecting the Baptist Health System, you chose compassionate and dedicated obstetrical navigators available to guide you through this memorable experience. We've anticipated your needs and have a complete itinerary prepared to treat you like the pampered guest you are.

It is our pleasure to welcome you to the Navigator Program at North Central Baptist Hospital.



Kris Baxter is a graduate of Texas A&M University with bachelor degrees in biomedical science and nursing.

She also experienced pregnancy and delivery at North Central Baptist Hospital, so she can appreciate both perspectives. She joined the Baptist Health System team in 2011 and with many years of delivery room experience, she can provide extensive insight to every aspect of obstetrical nursing care.

Kris will be a familiar face in the hospital to turn to when you have questions regarding the “nitty gritty” essentials of pregnancy, labor, delivery and becoming a parent. Any time you have questions or feel that you need advice throughout your pregnancy, feel comfortable turning to Kris for support. We want to ensure that you and your new baby are guided toward the most positive of outcomes. The consultation with your patient navigator takes approximately one hour and is offered to all expecting mothers who are delivering at North Central Baptist Hospital. Contact Kris Baxter at Kris.Baxter@baptisthealthsystem.com or (210) 297-4330.

Select the Great Expectations Program at North Central Baptist Hospital

Need help preparing for your pregnancy?

Any expectant mom knows the anticipation of the birthing experience is an exciting time but can sometimes be overwhelming. The Patient Navigator at North Central Baptist Hospital will help moms feel confident and comfortable before the big day arrives.

WHAT IS A PATIENT NAVIGATOR?

Our patient navigator is a registered nurse who can answer your hospital related questions, help you navigate your way through the registration process, schedule classes, facilitate Neonatal Intensive Care Unit consultations when necessary and provide you with the latest important information.

The patient navigator will be available to you in the second and third trimesters, during your stay in the hospital and after your delivery as you transition into parenthood.

While in our care, we offer massages to ease the tension, photos to capture the first moments of your new baby's life, and experienced consultants to guide you through the topics of lactation, circumcision, postnatal recovery and answer any questions you may have.

Other benefits to make your journey easier:

- Receive personal assistance with the pre-registration paperwork and financial estimate process
- Discuss what to expect during your hospital stay including what to pack, information about breastfeeding, hospital perks and available classes and tours
- Have a personal contact available for questions about the hospital and delivery process
- Personalized discussions about birth plans, doula services, family-centered care and gentle cesarean birth options